



# Tailwinds

Bar & Grill

## Salads

**HOUSE GREENS** \$13  
Mixed greens, beets, roasted corn, marinated grape tomatoes, mandarin oranges, orange poppyseed vinaigrette.

**CAESAR SALAD** \$14  
Crisp romaine, diced bacon, shredded parmesan, garlic croutons, creamy lemon Caesar dressing and a splash of balsamic glaze.

**MEDITERRANEAN GREEK** \$15  
Crisp romaine, marinated grape tomatoes, pitted kalamata olives, English cucumbers, fine red onions, feta cheese crumble, house made fresh lemon herb vinaigrette.

Add protein to any salad:  
Oven Roasted Chicken Breast \$9

## Shareables

All items are house made

**CARN'S GARLIC BACON CHEESEBREAD** \$15  
Crisp bacon, green onions, shredded cheddar, and mozzarella cheese with smashed roast garlic on a grilled demi baguette.

**DUCK WINGS** \$16  
5 pieces slow braised and fried until crisp, sesame orange ginger sauce.

**CHICKEN WINGS** \$17  
10 pieces naked and fried until crisp, tossed in your choice of House Made Sauces: Tailwinds Dry Rub, Honey Garlic, Mild, Medium, or Tailwinds Fiery Hot.

**J2 CLASSIC POUTINE** \$14  
Large bowl hand cut russet fries, Quebec cheese curds, generous amount of rich gravy.  
Add Smoked Brisket or Montreal Smoked Meat \$7

**BUFFALO CAULIFLOWER** \$13  
Oven roasted cauliflower florets, egg washed, dredged in seasoned corn flake crumbs, tossed in buffalo sauce, served with spicy tahini.

**PIZZA OF THE DAY** \$16  
Traditional thin crust dough, special sauce, 20% shredded mozzarella cheese.

## Soups

**DAILY FEATURED SOUP** \$8  
House made with fresh ingredients.

**FRENCH ONION SOUP** \$10  
Onions slow braised in butter, sherry, rich beef chicken broth and melted swiss cheese.

## Burgers

All burgers are 8 oz. house made from a blend of Ground Chuck and Ground Brisket served on a grilled potato bun with lettuce, tomato, pickled red onions, and dill pickle mayo. Includes side of hand cut russet fries or sweet potato fries.

Substitute Fries with:  
Side House, Greek, or Caesar add \$4  
Gluten Free Bun Available add \$2

**TAILWINDS BURGER**  
Fresh ground chuck and ground brisket

- Classic Tailwinds Burger \$16
- Cheddar Cheeseburger \$18
- Cheddar Cheese & Bacon Burger \$20

**SMOKED JACK FRUIT BURGER** \$17  
Shredded and tossed with our smoky house barbecue sauce, lettuce, tomato, pickled red onions, dill pickle mayo.

**TURKEY BURGER** \$18  
Fresh ground turkey (6 oz.), seasonings, guacamole, tomato, lettuce, pickled red onions, dill pickle mayo.

**BLACKENED SALMON BURGER** \$18  
Grilled (6 oz.) filet of fresh salmon dry rubbed with our blackened spices, tomato, lettuce, pickled red onions, dill pickle mayo.



*tailwindsgrill.ca*



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## Sandwiches

All include choice of hand cut fries or sweet potato fries.  
Substitute fries with side House, Greek, or Caesar. \$4

### SMOKED BEEF BRISKET SANDWICH \$20

Slow cooked brisket, hickory barbecue sauce, melted swiss cheese, crispy onion straws on a garlic grilled ciabatta bun.

### MONTREAL SMOKED MEAT SANDWICH \$19

Slow cooked with special spices, thinly sliced, layered on grilled rye caraway bread with a side of Dijon mustard.

### TAILWINDS WESTERN SANDWICH \$16

3 eggs, green onions, peppers, generous amounts of diced ham, melted cheddar cheese.

### CRISPY CHICKEN SANDWICH \$19

Seasoned and marinated chicken breast in buttermilk, flour dredged, fried until crispy, smeared with a house made Gochujang BBQ sauce and cabbage slaw on a potato bun.

### BLACKENED CATFISH SANDWICH \$19

Dry rubbed with our blackened spices, potato bun, grilled pineapple slices, cabbage slaw, and chipotle mayo.

### TAILWINDS CLUBHOUSE SANDWICH \$20

Oven roasted lemon balsamic herb chicken breast, lettuce, tomato, bacon, cheddar cheese slice, and roasted garlic mayo on a grilled olive oil herb focaccia bun.

### NUT FREE PESTO VEGETABLE WRAP \$16

Grilled garlic herb piadini street flat bread, arugula blended with olive oil and lemon juice, pesto and baba ghanoush with julienne of balsamic herb and olive oil marinated oven roasted eggplant, green and yellow zucchini, red onion, mushrooms, grape tomatoes and peppers.

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## Kids Options: Served with Drink \$12

### Choice of:

- Pizza (Cheese or Pepperoni)
- Grilled Cheese with fries
- Chicken Fingers 3 pieces with fries

## Entrees and Favourites

### FISH & CHIPS \$18

House made lightly coated tempura haddock, tartar sauce, hand cut fries and cabbage slaw.

### CHICKEN FINGERS (5) \$17

Tenderloins seasoned with spices, flour, and egg, then fried until crisp served with any one of our famous wing sauces and a side of hand cut russet fries or sweet potato fries.

### CHICKEN RIGATE PASTA \$20

Fettuccine Pasta, chicken breast, fresh basil & sundried tomato pesto in a garlic white wine cream sauce, shredded parmesan, wedge of garlic bread.

### CHICKEN PARMESAN \$24

Single breast pounded thin lightly breaded and browned, topped with roasted tomato sauce, mozzarella cheese served with garlic butter fettuccine pasta and vegetable of the day.

### CEDAR PLANK SALMON \$27

Fresh (7 oz.) salmon medallion marinated in teriyaki sauce, sesame oil, soy, pickled ginger, wasabi, lemon, and fine red onions. Cedar plank baked and served with potato and vegetable of the day.

### PICKEREL \$29

Lightly flour dredged, pan fried in butter with salt and pepper and a fresh squeeze of lemon, served with potato and vegetable of the day.

### GRILLED CAB U.S. STRIP LOIN STEAK \$40

Well aged 10-ounce steak grilled to your liking topped with crispy onion straws, potato and vegetable of the day.

### FRENCHED PORK SCHNITZEL \$21

Centre cut frenched pork chop (10 oz.) pounded thin, seasoned, breaded with panko, cooked until crispy and golden brown. Served with house apple sauce, potato, and vegetable of the day

